

[LETTER DATE]

Dear Parents or Guardians:

This letter is to notify you that your child has been in close contact to another person diagnosed with COVID-19. Although most children do not get severely ill with COVID-19, it is important that steps be taken to prevent further spread and ensure the safety of those who might be at risk of a serious infection.

The following recommendations are provided so you may take the proper actions to protect your family and others:

- Your child will be temporarily transitioned to full-time virtual instruction and is not allowed on campus for instruction, extra curricular activities, or other events. They may return to campus after [DATE PROVIDED].
- Monitor your child for the following symptoms during that time:
 - Fever
 - Shortness of breath or difficulty breathing
 - Loss of taste or smell
 - New or worsening cough
 - Sore throat
 - Muscle or body aches
 - Chills
 - Fatigue
 - Headache
 - Congestion or runny nose
 - Diarrhea
 - Nausea or vomiting
- Keep your child separate from other family members who may be at risk of severe illness from COVID-19 as much as possible. This includes those who are elderly and those with health conditions such as diabetes or diseases of the heart, lungs, kidneys, and immune system.
- Help your child practice good hand hygiene, remind them to cover coughs and sneezes, and clean frequently touched surfaces often.
- Your child should be tested if they have any of the symptoms above or any time after [DATE PROVIDED]. Your child must complete the fourteen (14) day quarantine even if the test is negative (suggests they do not have the virus).
- You should discuss testing with your doctor, or a list of testing sites is provided on the DHEC website - <https://scdhec.gov/infectious-diseases/viruses/coronavirus-disease-2019-covid-19/covid-19-screening-testing-sites>

For additional information, please see the DHEC flyer linked at <https://www.scdhec.gov/sites/default/files/Library/CR-012601.pdf>

The DHEC Care Line is also available seven days a week to answer questions you may have:
1-855-4-SCDHEC (1-855-472-3432).

Sincerely,
Lara Sebok, BSN, RN
Lexington 4 District Nurse